



## **2017 Public Health Research Awards**

Council for Allied Health Professions  
Research

## CAHPR Public Health Research Awards 2017

### Introduction

CAHPR ran the Public Health Research Awards in partnership with Public Health England for the third time in 2017.

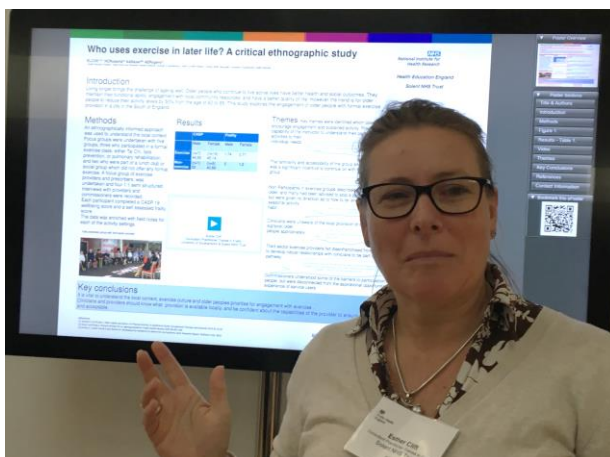
Four winners received an expenses paid visit to the Public Health England conference to present a poster.

All applicants were offered support with their submissions by CAHPR regional hubs.

### Feedback from 2017 winners

#### Esther Clift (physiotherapist)

**Poster title: Who uses exercise in later life? A critical ethnographic study.**



Above: Esther Clift with her poster

I was impressed with the reach, strategy and data analysis of PHE and was struck how much I could benefit from closer working relationships. I hope to develop strong working relationships in my new role!

Esther Clift

Here Esther explains more about her role, her research and how she got on at the conference.

#### Please tell us about your current role.

I am currently a trainee consultant practitioner in Frailty with Health Education England, Wessex, but I have just secured a consultant position.

### **How did you get involved in public health research?**

The consultant training programme offers a research component. I already hold an MSc in Gerontology, so am undertaking a Doctorate in Clinical Practice with the University of Southampton. As I looked at research around frailty, I wanted to understand better ways of preventing frailty syndromes, so interventions for older people. I believe that prevention is better than cure, more than in many other conditions!

I applied for this award because I wanted the opportunity to understand better the national agenda for prevention, as I move into the writing up stage of my thesis.

### **Feedback on the PHE conference:**

#### **- Did you make any new contacts?**

Yes, with people involved with Sport England, who I had linked with, but now have personal contacts. I spent a little time with Linda Hindle from the CAHPO Public Health lead discussing aspirations for AHPs, and connected with Laran Chetty in person, who was the other CAHPR physio presenting a poster. I was number six in the top 10 influencers on twitter, so had some good interactions in cyberspace, and the MP Steve Brine now follows me!

#### **- Will learning from the conference influence your future research?**

Yes, I had my ideas expanded by some of the presenters, and will continue to direct my energies into writing up and disseminating further. This is an absolutely key area, to help engage people in exercise as they grow older, so I was really encouraged.

#### **- What was your key take away point?**

I was impressed with the reach, strategy and data analysis of PHE and was struck how much I could benefit from closer working relationships. I hope to develop strong working relationships in my new role!

**John Renshaw (paramedic)**

**Poster title: The BHF PocketCPR smartphone application: ‘Staying alive’ with bystander CPR.**



Without the CAHPR award I would not have been able to attend the Public Health England conference to share our work. The financial assistance and abstract support from CAHPR was fantastic. Thank you! **John Renshaw**

Above: John Renshaw with his poster

John explains more about his role, his research and how he got on at the conference.

**Please tell us about your current role.**

I am a Senior Lecturer in Paramedic Science at Coventry University. In my current role, I am the module leader for the applied anatomy, pathophysiology and pharmacology module of the undergraduate Diploma in Higher Education in Paramedic Science. In addition, I have broad teaching responsibility across our undergraduate paramedic provision, including some clinical skills and assessment modules and our research and evidence informed practice sessions. Alongside my current role, I am an advanced life support instructor for the Resuscitation Council UK and provide peer reviews of paramedic journal articles and pre-hospital research. I hope to begin my PhD in March 2018.

**How did you get involved in public health research?**

The authors of our project met whilst either studying or lecturing on the paramedic science programme at Coventry University. We began working together on the use of smartphone technology during simulated cardiac arrests- to see whether smartphone technology could influence the effectiveness and confidence of bystanders who perform CPR. Subsequently, our research project has progressed

and we continue to work together on pre-hospital research projects. We hope that our research supports bystanders in the use of the British Heart Foundation PocketCPR training application during their CPR training.

I applied for the CAHPR public health award for the opportunity to be able to share our work with our allied health profession colleagues at the Public Health England Conference and with the CAHPR community. Each of the authors of our research project is a HCPC registered paramedic and we wanted to promote this paramedic-led research project.

### **Brief feedback on the PHE conference:**

The PHE conference was a fantastic two-day conference held at Warwick University. I had the pleasure of meeting several clinicians, academics and allied health professionals, all of whom are passionate about research and improving public health. I also had the opportunity to catch up with some of the CAHPR winners and view their amazing work that was on display. In addition, as a paramedic, I was fortunate to be able to learn more about new topics that I had not previously studied. One really interesting area was the impact of air pollution within busy cities across the UK. I also attended sessions on cervical cancer screening programmes and saw the amazing work that was underway to save lives from this disease.

Overall, I was in awe of the level of impactful and important research that was being undertaken from all across the UK. I was inspired to see how effectively that research can be translated into regional and national guidance. I am excited to begin my next research project.

Contact [John.renshaw@coventry.ac.uk](mailto:John.renshaw@coventry.ac.uk) or @johnrenshaw5

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## Laran Chetty Senior Physiotherapist – Occupational Health

**Poster title: Promoting workplace wellbeing through employee engagement.**



The conference expanded my current knowledge on pertinent public health issues. I was not aware of some of the issues before attending.

Laran Chetty

Above (left to right): Award winners Laran Chetty and Esther Clift

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Here Laran explains more about his role, his research and how he got on at the conference.

### **Please tell us about your current role.**

I am a Senior Physiotherapist in Occupational Health. My work involves assessing and treating staff for musculoskeletal disorders resulting from or impacting on their work. I am also involved in policy and committee work.

### **How did you get involved in public health research?**

I am a committee member of the 'Staff Health and Wellbeing Group' which aims to maintain a healthy and happy workforce by creating a work environment which actively supports staff health and wellbeing. This committee work has resulted in ongoing research contributing to developing and monitoring public health strategies to improve staff health.

I applied for this award because I wanted my work on improving health in promoting workplace wellbeing through employee engagement to gain recognition and to promote my work among my peers. I would not have been able to attend the Public Health England conference without the funding provided by the award.

**Feedback on the PHE conference:**

- **Did you make any new contacts?**

Yes. I met public health specialist and consultants and exchanged details with some of them. I also made contact with one of the speakers whose presentation is relevant to my current role.

- **Will learning from the conference influence your) future research?**

Yes, definitely. The conference expanded my current knowledge on pertinent public health issues. I was not aware of some of the issues before attending the conference.

- **What was your key take away point?**

The importance of making the financial case for public health services to ensure on-going funding and sustainability of the services provided.

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<http://cahpr.csp.org.uk/cahpr-public-health-research-awards>