

Agenda		
Time	Item	Speaker
12-12:05	Welcome attendees	Katie Williams
12:05-12:20	<ul style="list-style-type: none"> <li>Feedback phase one</li> <li>Introduction phase two</li> </ul>	Katie Williams
12:20-12:45	<b>Lightning Talks</b>	
	Clinical Research Network (CRN), Research Delivery Opportunities	Dr Frazer Underwood, CRN Chief Nursing Office for Nursing, Midwifery and AHPs (NMAHPs)
	NIHR INSIGHT Studentship Opportunities	Dr Lisa Bunn, Associate Professor of Neurological Rehabilitation
		Dr Mary Cramp, Associate Professor of Long Term Conditions and Portfolio Lead: Health and Social Wellbeing Research
	National Institute for Health Research (NIHR) Integrated Clinical and Practitioner Academic (ICA) Programme	Dr Sam Harding PhD, CPsychol Senior Research Fellow
	Community for AHP Research (CAHPR) South West Consortium	Ralph Hammond, Consortium Lead
12:45-12:55	South West, Arts Psychotherapists Community of Practice (CoP)	Fiona Williams, Trust Lead for the Arts Therapies: Music, Art, Drama & Dance Movement
	Q+A	All
12:55-13:00	Thank you and close	Katie Williams

# Advancing Research Careers for Under-Recognised Groups in Allied Health Professions (AHPs) Across the South West

## Phase One Feedback

---

Katie Williams

Katie22.williams@uwe.ac.uk

X @k\_a\_williams01

With thanks to Jen Pearson, Jessica Coggins, Kim Diment and Ralph Hammond

# Background

- AHP research engagement leads to new skills, increased research activity and improved patient care
- Despite policy strategies aimed at encouraging equitable access for AHPs to pursue research careers, many feel that this is unattainable

## Developing a research skilled workforce



South west strategic research workforce capacity and capability plan on a page

December 2022

## Allied Health Professions' Research and Innovation Strategy for England



"Our research & innovation makes a difference."

# Objectives

1. Identify under-recognised groups within AHPs in South West
2. Understand barriers and enablers to research career development for individuals from under-represented groups
3. Create a report summarising the findings & recommendations to support provision of opportunities to enable AHPs to develop and use research

# Methods

## Overall Methods

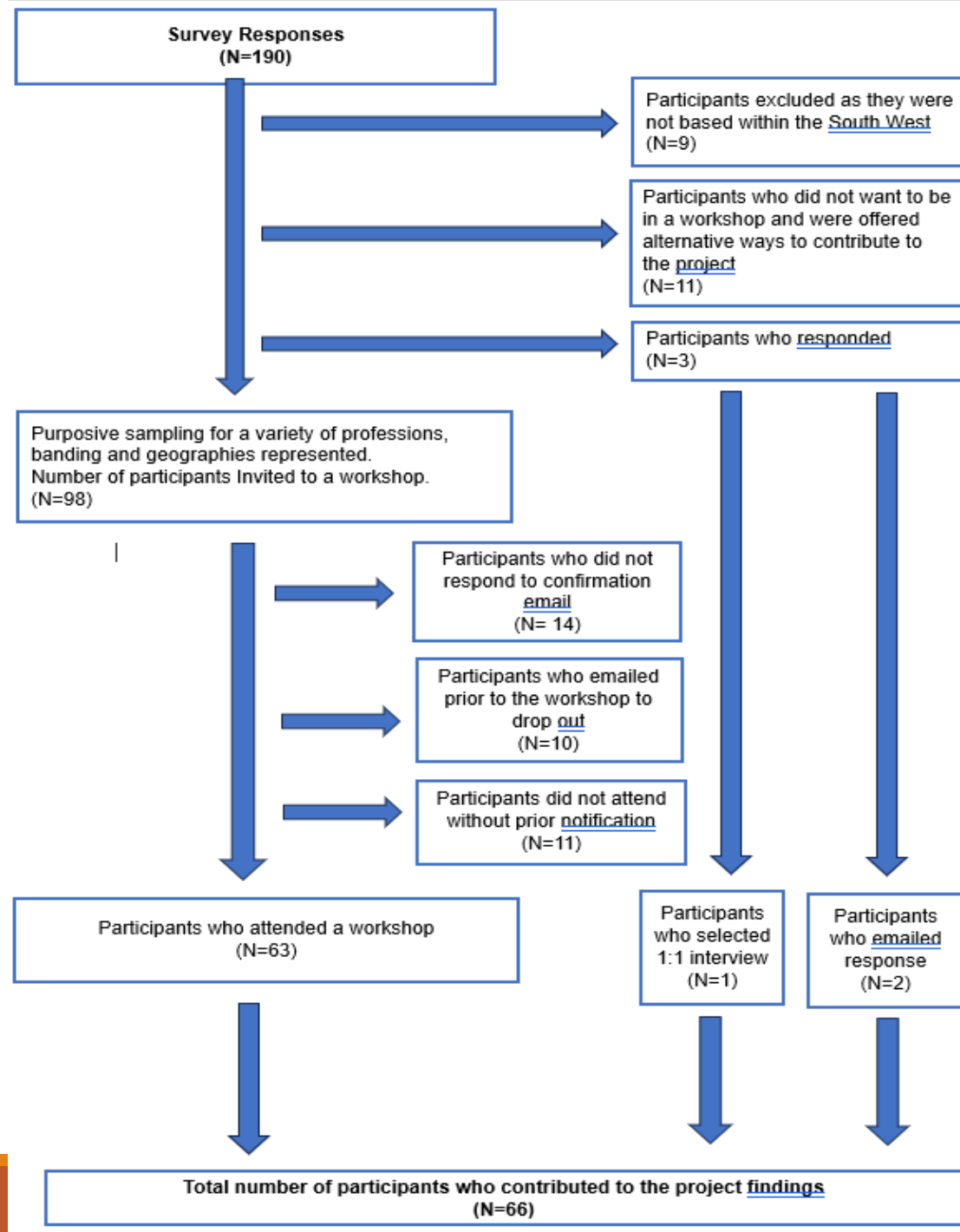
- Participatory methods via Focus groups (FG)
- Topic guide co-designed with research active AHPs & FG piloted with AHPs and Nurses
- EOI disseminated (5 weeks) via X, regulatory bodies, AHP Faculty Networks, Chief AHPs & Research Delivery Leads
- Individual interviews & email interactions were also offered
- Purposive sampling = heterogeneous sample (professions, bandings, geographies and service-type)
- No ethics required - deemed service evaluation

## Data collection

- FG facilitated by lead researcher with 8/9 FG attended by 2<sup>nd</sup> researcher
- FG recorded via Teams, transcripts stored securely

## Data analysis

- NVivo14 (Lumivero © 2023) to code data and form overarching themes
- Observations from 2<sup>nd</sup> researcher



## Participant characteristics

	Number	Percentage (%)
Academia	1	1.5
Art Therapy	7	10.6
Dance Therapy	1	1.5
Diagnostic Radiography	6	9.1
Dietetics	8	12.1
Dramatherapy	1	1.5
Music Therapy	2	3.0
Occupational Therapy	4	6.1
Occupational Therapy Support Worker	1	1.5
Operating Department Practice	2	3.0
Operating Department Practice Support Worker	1	1.5
Orthoptics	3	4.5
Orthotics/Prosthetics	1	1.5
Osteopathy	3	4.5
Paramedicine	1	1.5
Physiotherapy	12	18.2
Physiotherapy Support Worker	1	1.5
Podiatry	1	1.5
Podiatry Support Worker	1	1.5
Speech and Language Therapy	1	1.5
Therapeutic Radiography	5	7.6
Therapy Support Worker	3	4.5

NHS AfC Banding (or equivalent)	Band 3	3	4.5
	Band 4	4	6.1
	Band 5	2	3.0
	Band 5/Band 6	1	1.5
	Band 6	8	12.1
	Band 6/Band 7	1	1.5
	Band 7	27	40.9
	Band 7/Band 8A	3	4.5
	Band 8A	10	15.1
	Band 8B	4	6.1
	Senior Lecturer	3	4.5
Service Type	Acute	31	47.0
	Community	5	7.6
	Acute and Community	1	1.5
	Higher Education Institution	3	4.5
	Mental health	12	18.2
	Outpatients	4	6.1
	Primary Care	5	7.6
	Private	3	4.5
	Integrated Care System leadership role	2	3.0
System	Bath and North East Somerset, Swindon and Wiltshire (BSW)	7	10.6
	Bristol, North Somerset and South Gloucestershire (BNSSG)	26	39.4
	Cornwall	5	7.6
	Devon	14	21.2
	Dorset	5	7.6
	Gloucestershire	8	12.1
	Somerset	1	1.5

# Protected Characteristics

		Number	Percentage (%)
Gender	Female	54	81.8
	Male	12	18.1
Ethnicity	African/Caribbean/Black British	2	3.0
	Mixed/Multiple Ethnic Groups	1	1.5
	Other	2	3.0
	White	61	92.4
Disability	Yes	10	15.1
	No	54	81.8
	Prefer not to say	2	3.0

# The definition of under-recognised



Overlooked and  
underutilised



Misunderstood for the  
skills you can  
contribute



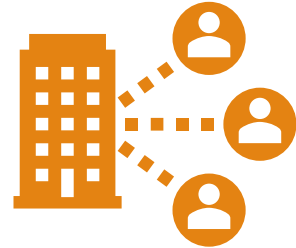
Excluded from  
opportunities

*“Under-recognised to me means really just being overlooked and the thought that your contributions to research is less important” – Dietitian*

# Groups under-recognised professionally



Smaller Professions



Specific environments



Specific services if not aligned to regional/organisation priorities



Newly Qualified gap



Support Workforce

*“Orthoptists are under-recognised, no one knows how to say it, let alone our role. They know what PT’s and OT’s do but not us, and that means we are poorly collaborated with by other health professionals too”. – Orthoptist*

## Groups under-recognised socially



Females with  
caring  
responsibilities



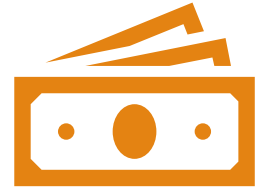
Colleagues with  
a black, asian  
and minoritised  
ethnic  
background



Neurodivergent



Geographically  
isolated from  
HEIs



Financial  
obstacles

*"I've had to fight. That's why I'm in a cupboard. I do most of my work in a cupboard because we don't have office space for us. So I don't have a work place that is particularly neuro diverse friendly, although they keep telling me that that's what the policies say they want. Therefore the concept of then going into something like research, although that's what I'd really like to do -there isn't the roles and as I said, you know, sometimes the culture's not great".*

– Occupational Therapist

# Barriers | The Research Spectrum



**Lack of definition**



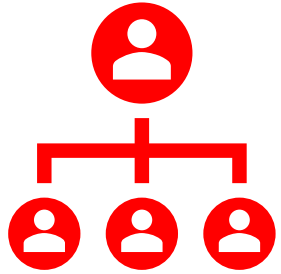
**Fear or research**

*“The bar for research is really high... In practice the momentum and energy that you need to start these projects is massive, you don't wanna lose it just because your design specification isn't validated enough.*

*So where's the baseline for that entry level and how big does that effort need to be, to be good investigative practice worth sharing?”.*

– Osteopath

# Barriers | Visibility, Voice and Value



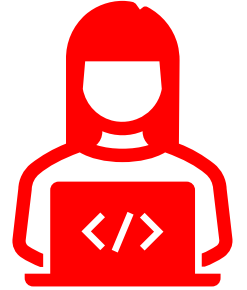
Lack of AHP  
leadership



Lack of AHP  
research leads,  
role models,  
link champions



Lack of  
networks/  
connections



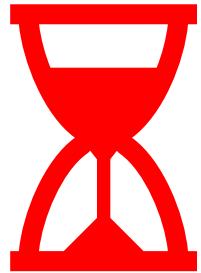
Academic and  
Clinical world  
divided (lack  
of joint posts)

*“It can be frustrating when you have an interest but there isn’t an experienced member of staff to discuss it with/who can give advice.  
Research could be done that would greatly impact our departmental protocols (many of which are out of date due to lack of up-to-date literature). This may give us an understanding of how we could change vetting protocols to make sure the sickest patients are not having extremely long waiting times”. – Diagnostic Radiographer*

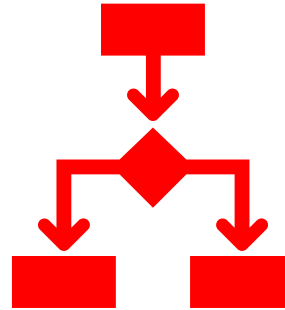
# Barriers | Fragile Landscapes



Financial Security



Time Wealth



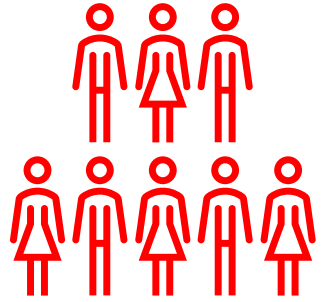
Professional support  
infrastructure



A lack of research  
championing  
culture/guilt

*"If I lose my job, am I gonna' get a job again down here? Or am I gonna' have to move away completely because I took the risk and did research for a year? So it's yeah. Yeah, really tricky". – Orthotist*

# The Effects of a Fragile Research Ecosystem



## Morale and Retention

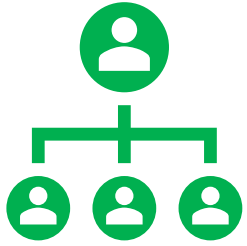
*“There's a massive part of experience missing and our profession that's just walking out the door. So you know it's very difficult to develop services within your profession if there's not really any data and there isn't anyone doing it”. –Operating Department Practitioner*



## Effects on patient care

*‘Learning disabilities population are drastically underrepresented in research and all my clinical practice is based on a similar kind of populations.  
Then I apply it to my practice through like trial and error, rather than there being like a wealth of a solid evidence base on this is how to support someone with learning disabilities and it feels wrong’. – Physiotherapist*

# Enablers | Visibility, Voice and Value



AHP  
leadership/  
culture  
setting



AHP  
Research  
Lead, role  
models, link  
champions



Organisation,  
system and  
Research  
Networks



Accessible  
Education e.g.  
bite size videos,  
webinars



South West Directory  
of clinical academic  
mentors

*“A library of clinical academic mentors for AHP researchers or postgrad research students that are still linked to academia so that you can link with them and it creates a network of clinical academic mentors and central place to go to”. – Physiotherapist*

# Enablers | Landscape Stability



Operational and  
Service leads  
supported by  
organisations to  
hold risk



Protected  
time in Job  
Plans



Research  
under-grad  
placements



Research career  
pathways



Clinical  
Academic posts  
& closer  
relationships  
with HEIs

*“I love researching but don’t want to be a University-based researcher. It’s unhelpful to talk about practitioners and researchers as separate groups.*

*I would like there to be more support and more defined pathways for practitioners who want to investigate their practice”.*

– Art Therapist

## In summary

- ❑ Thank you, 190 AHPs expressed interest and 66 had their voices heard in this project
- ❑ Under-recognised: Overlooked, under-utilised, misunderstood and excluded
- ❑ Viewed definition through a professional and social lens
- ❑ Believe under-recognition is relative to who you are comparing yourselves to and the experience you've had
- ❑ Identified similar barriers of fear and definition of research, the visibility, voice and value of AHPs and the personal risk of developing a research career whilst navigating unstable and unclear paths
- ❑ However enablers around central people and networks of support, culture change, accessible education and clearer career pathways

Strengths	Limitations
Co-production ensuring AHPs across the South West are included in shaping the future	Did we truly engage and reach all 14 AHPs, services and systems?
All 14 AHPs, all 7 systems NHS banding 3-8, range of service type included	Use of participatory = time consuming and unpredictable
Focus group approach highlighted lack of clarity around research and thus an additional barrier to explore	No particular group was defined under-recognised, yet multiple groups were deemed under-recognised
Lead researcher's role across academia and clinical environments	

# Phase Two

- ❑ Only 4.5% participants had a black, asian and minority ethnic background, whilst reflective of the South West AHP workforce, we know there are disparities in research career progression
- ❑ Work with the South West EDB committee to utilise network sampling

## Outputs

- ❑ Produce a report with recommendations and case studies. We have also highlighted the findings at a regional and national level
- ❑ Operational and service leads action-oriented workshops in combination with the North West
- ❑ Write a paper re: theoretically exploring concepts of findings

**Are you a South West Allied Health Professional (AHP) or AHP support worker from a Global Majority or a Black, Asian and Minority Ethnic background?**

**Have you tried to navigate research development opportunities?**

↓ ↓ ↓

**Participation opportunity:**

- One-off virtual 1:1 conversation to hear your story
- Co-facilitated by a researcher with lived experience
- Contribute to recommendations for South West AHPs
- CPD Certificate offered

**Want to be involved?- use the QR code, link or email:**

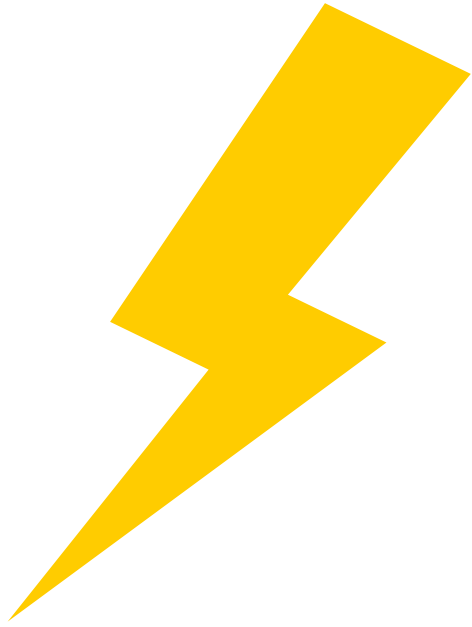
 <https://forms.office.com/e/4CdgDHNQ1C>

Email: [katie22.williams@uwe.ac.uk](mailto:katie22.williams@uwe.ac.uk)

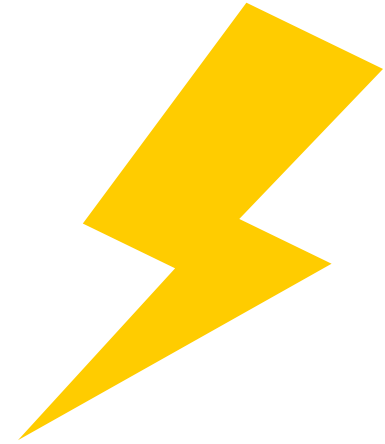


*“I think obviously what the NHS is very much about is growing your own workforce now. So I think it's imperative that we keep those support workers who really, really want to enjoy their role. Give them those opportunities to be able to do that. It's all about also making them feel enriched in their role as if they're enriched in their role, they'll stay and they'll stay within the NHS”.*

**-Therapy Support Worker**



# Lightning Talks





# Lightening Talk



## Research Delivery Development Opportunities



**Dr Frazer Underwood**

Chief Nursing Officer for NMAHPs

South West Peninsular Clinical Research Network

Know what's out there

I'm looking for research about

Keyword e.g. cancer, drug name



Location e.g. city, postcode



Search for study

or

View conditions

English | [Cymraeg](#)

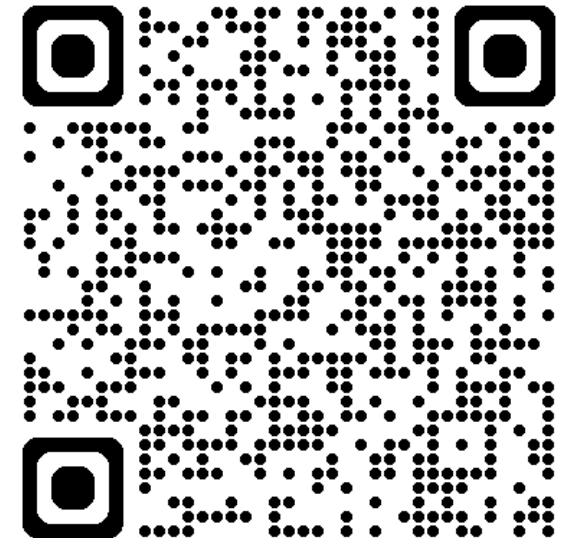
We are here to help you find out about health and social care research taking place in England, Northern Ireland, Scotland and Wales.

## Better care and treatments start with you

Health and care research can only improve and save  
lives with the help of people like you.

Create a free health research account to make it  
even easier to take part.

Register or sign in



# Each LCRN delivers research across 30 specialties:

Ageing  
Anaesthesia, perioperative medicine  
and pain management  
Cancer  
Cardiovascular disease  
Children  
Critical care  
Dementias and neurodegeneration  
Dermatology  
Diabetes  
Ear, nose and throat  
Gastroenterology  
Genetics  
Haematology  
Health services and delivery research  
Hepatology

Infectious diseases  
and microbiology  
Mental health  
Metabolic and endocrine disorders  
Musculoskeletal disorders  
Neurological disorders  
Ophthalmology  
Oral and dental health  
Primary care  
Public health  
Renal disorders  
Reproductive health and childbirth  
Respiratory disorders  
Stroke  
Surgery  
Trauma and emergency care  
+ Social Care Portfolio



# Connecting to research delivery teams

## NHS Trusts / Provider Organisations

- Contact your local NHS Trust's **Research and Development Department**
- Ask about what's going on and how you could get involved

## Working in Primary Care

- Contact your **Local Clinical Research Network (LCRN)**
- There will be a primary care research portfolio holder / research delivery manager
- Ask about what's going on and how you could get involved

## If you work in Cornwall, Devon or Somerset

- **Register your interest on the APRAISE Register**  
(primary and secondary care/NHS Trust registers)

# The APRAISE Register

Local Clinical Research Networks ▾

Patient Recruitment Centres ▾



## The APRAISE Registers: Growing Research Delivery Opportunities for Nurses, Midwives and Allied Health Professionals at Advanced- and Enhanced-levels of Practice in the South West

📅 Published: 17 April 2024 🕒 Read Time: 3 minutes 🖨️ [Print](#)



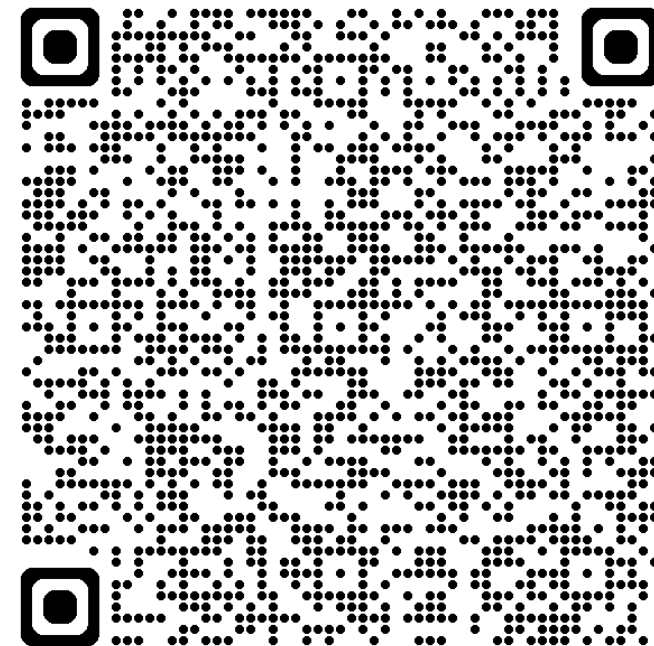
### Top stories



[The APRAISE Registers: Growing Research Delivery Opportunities for Nurses, Midwives and Allied Health Professionals at Advanced- and Enhanced-levels of Practice in the South West](#)

**Dr Frazer Underwood**, Chief Nursing Officer for NMAHPs at the NIHR Clinical Research Network South West Peninsula explains what the new APRAISE registers are.

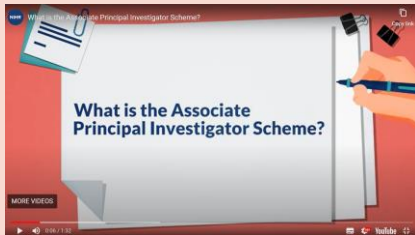
<https://local.nihr.ac.uk/news/the-apraise-registers-growing-research-delivery-opportunities-for-nurses-midwives-and-allied-health-professionals-at-advanced-and-enhanced-levels-of-practice-in-the-south-west/35878>



# Navigating Principal Investigator (PI) Opportunities

## Associate PI Programme

- Structured six-month development programme
- Shadow NIHR portfolio study locally
- Complete competency framework
- Certificated as an Associate PI on completion



## PI Essential Training

- Face-to-Face three-hour programme
- Delivered across the region by local research delivery teams
- Practical, experience-based teaching
- Used to build confidence in research delivery role and navigate personal training and development goals

## Principal Investigator Pipeline Programme

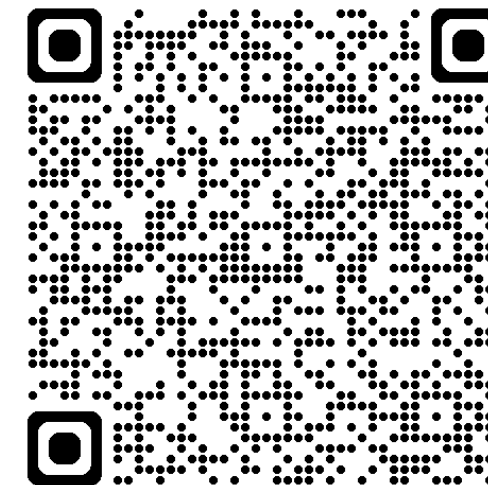
- National programme for Nurses and Midwives
- Four certificated modules (over 12-18 months)
- Shadow NIHR Portfolio study locally
- Competency based framework
- PI ready on completion



## PI Training as part of other programmes

- NIHR-AoMRC Clinician Researcher Credentialing Framework – **‘Masters in Leading Clinical Research Delivery’** (*Advanced Module*)
- *Advanced Practitioner Masters programmes*
- *Local clinical academic researcher development programmes*

# Masters in Research Delivery Leadership



**NIHR** | National Institute for  
Health and Care Research

Search nihr.ac.uk...

Health and Care Professionals ▾ Researchers ▾ Patients and the Public ▾ Partners and Industry ▾ About us ▾

[Home](#) > [Health and care professionals](#) > [Research training and careers](#)

## Clinician Researcher Credentials Framework



The Clinician Researcher Credentials Framework provides Master's level qualifications.

It's for experienced healthcare practitioners from all professional backgrounds who want to

### Course funding

#### How much do the qualifications cost?

The cost of the courses vary, depending on the course and the university. You'll find all the details of these on each of the university websites, see links above.

#### Bursaries

Bursaries will be available for the academic year 2024/25 to cover your course fees. We will add details of who is eligible for the bursaries and how to apply for them to this page when this information is available before the end of April 2024. You can also:

[Register for updates about the Clinician Researcher Credentials Framework](#), to find out when this information is updated.

If you are unable to obtain a bursary, you can visit our [funding information](#) page to see what other funding is available.



# Thank You



# NIHR INSIGHT Programme

## ‘Inspiring Students into Research’

### South West Peninsular Contacts

Lisa Bunn

([lisa.bunn@plymouth.ac.uk](mailto:lisa.bunn@plymouth.ac.uk) )

Karen Knapp

([K.M.Knapp@exeter.ac.uk](mailto:K.M.Knapp@exeter.ac.uk) )

### South West Central Contacts

Mary Cramp

([mary.cramp@uwe.ac.uk](mailto:mary.cramp@uwe.ac.uk))

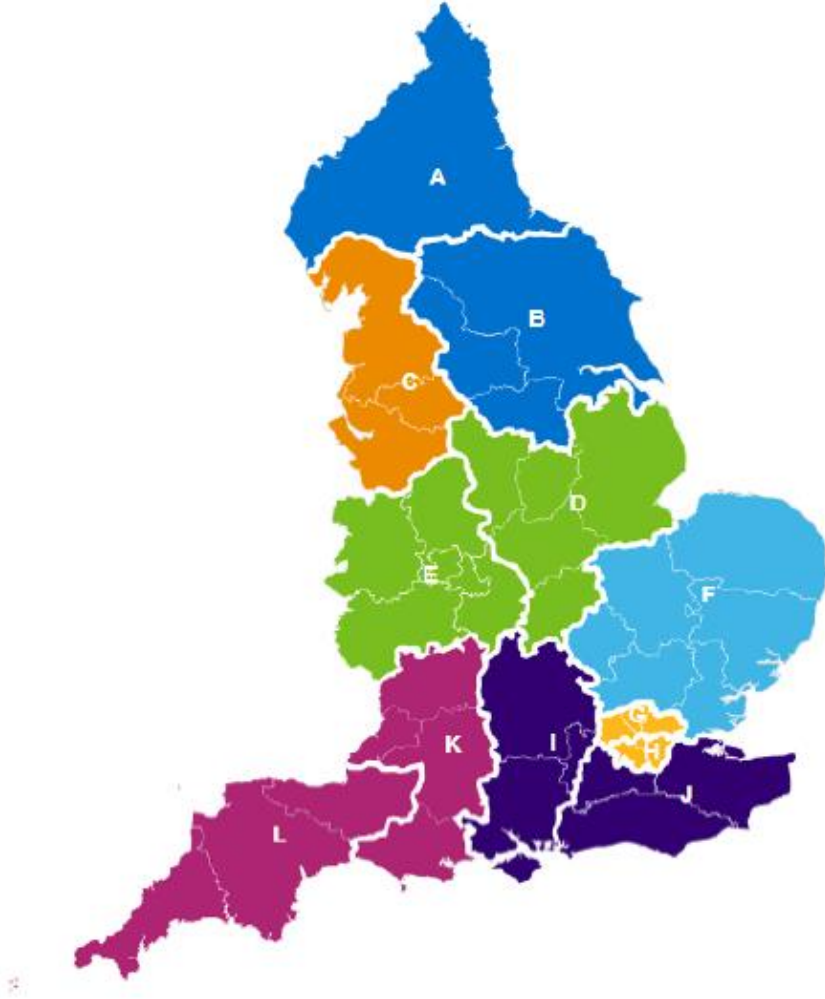
Carol Clark

([cclark@bournemouth.ac.uk](mailto:cclark@bournemouth.ac.uk))

Insight Southwestcentral

[insight.swcentral@uwe.ac.uk](mailto:insight.swcentral@uwe.ac.uk)

# NIHR INSIGHT Programme



An exciting new 3 year programme to attract students in registered healthcare, social work and public health professions into the full range of research careers from research delivery to academic.

12 regions offering the NIHR INSIGHT programme

Two workstreams

- Innovative engagement activities to showcase the full range of research careers
- Research Masters Studentships

# South West – NHS England region



## **South West Central (K)**

- Gloucestershire
- Bristol, North Somerset and South Gloucestershire
- Bath and North East Somerset, Swindon and Wiltshire
- Dorset

## **South West Peninsula (L)**

- Cornwall and the Isles of Scilly
- Devon
- Somerset

# Research Masters Studentships

**Studentship provides:**

**100% course/tuition fees paid**

**Stipend (tax free) @ UKRI rate 2024/25 - £19,237**

Full time: 1 year

Part time: 0.5 FTE for two years

# Eligibility Criteria - Masters Studentships

Working towards or registered with one of the following:

- Academy for Healthcare Science
  - General Chiropractic Council
  - General Dental Council
  - General Medical Council
  - General Optical Council
  - General Osteopathic Council
  - General Pharmaceutical Council
  - Health and Care Professions Council
  - Nursing and Midwifery Council
  - Social Work England
  - UK Public Health Register
- (Not doctors and dentists)

Up to 3 years practice experience as a registered health or care professional.

Meet the eligibility criteria for UK home student status

Planning to apply and study for one of the research masters offered in the respective region

# If you do not meet the eligibility criteria

## NIHR Integrated Clinical and Practitioner Academic Programme

Research training awards for healthcare professionals, excluding doctors and dentists, who wish to develop careers that combine clinical research and research leadership with continued clinical practice and professional development

- Pre-doctoral Clinical and Practitioner Academic Fellowship (PCAF)
- Doctoral Clinical and Practitioner Academic Fellowship (DCAF)
- Advanced Clinical and Practitioner Academic Fellowship (ACAF)

<https://www.nihr.ac.uk/explore-nihr/academy-programmes/hee-nihr-integrated-clinical-and-practitioner-academic-programme.htm>

## NIHR – further funding opportunities

- **In-Practice Fellowship:** a pre-doctoral scheme providing academic training
- **Pre-Application Support Fund:** provides funding for ‘under-represented groups/professions to prepare a competitive application to an NIHR career development scheme

# Research Masters Studentships in the South West Central Region

**Two Research Masters courses offered**



**MRes Health and Care Research**  
(subject to validation, July 2024)

A modular course with the project accounting for 50% of the credits

- 30 places available
- 1 year full-time & 2 years part-time (September to September)
- Shared and collaborative learning opportunities across both programmes
- Project options offered by health & care researchers within the region, linked to priorities and/or ongoing research



**Masters in Research (MRes)**

An independent research project (100%) with in-built research training

# Research Masters Studentships in the South West Peninsular Region

**Three Research Masters courses offered**



**Masters of Clinical Research (UoP)**

- full and part time places available

**Masters in Leading Clinical Research Delivery (UoE)**

- part time places available

**Masters in Health Research Methods (UoE)**

- full and time places available

## NIHR INSIGHT programme for South West Central

**Email address:** [insight.swcentral@uwe.ac.uk](mailto:insight.swcentral@uwe.ac.uk)

**Website:** <https://insight-southwestcentral.net>

### How to apply:

From 1<sup>st</sup> June, go to <https://insight-southwestcentral.net>

- Apply for research masters studentship
- Apply for admission to masters course (UWE Bristol or Bournemouth University)

### Contacts:

Mary Cramp, Lead - [mary.cramp@uwe.ac.uk](mailto:mary.cramp@uwe.ac.uk)

Carol Clark, Co-lead - [cclark@bournemouth.ac.uk](mailto:cclark@bournemouth.ac.uk)

MRes UWE Bristol: Mwidimi Ndosi - [mwidimi.ndosi@uwe.ac.uk](mailto:mwidimi.ndosi@uwe.ac.uk)

MRes Bournemouth University: Leslie Gelling- [lgelling@bournemouth.ac.uk](mailto:lgelling@bournemouth.ac.uk)



## Find out more

Read more about Studentships and express an interest



## Join one of our online events

Supporting applications to the NIHR INSIGHT  
South West Peninsula masters studentships



## Book a 1:1

Alternatively book a 1:1 with one of the  
Programme Leads



# National Institute for Health Research (NIHR)

## Simplification of Integrated Clinical and Practitioner Academic Programmes



**Dr Sam Harding,**

Senior Research Fellow, North Bristol Hospital Trust, &  
Lead for Nursing Midwifery and Allied Health Professionals (NMAHPs)  
West of England Clinical Research Network



# Simplification of NIHR Academy Programmes and Schemes

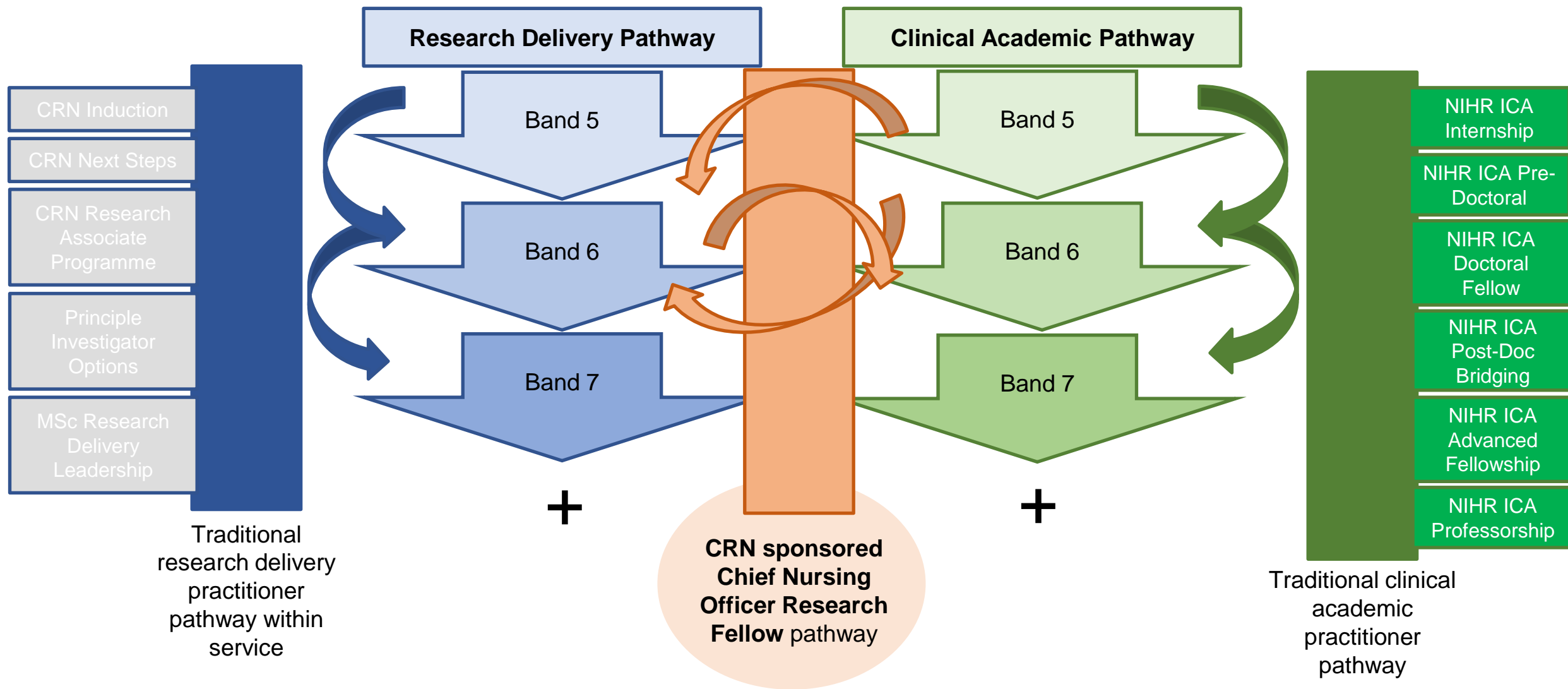
- NIHR's portfolio of research career development opportunities is now quite complex - **23** individual schemes

Take home message for this presentation!!

**If you are interested – Drop one of us an email**

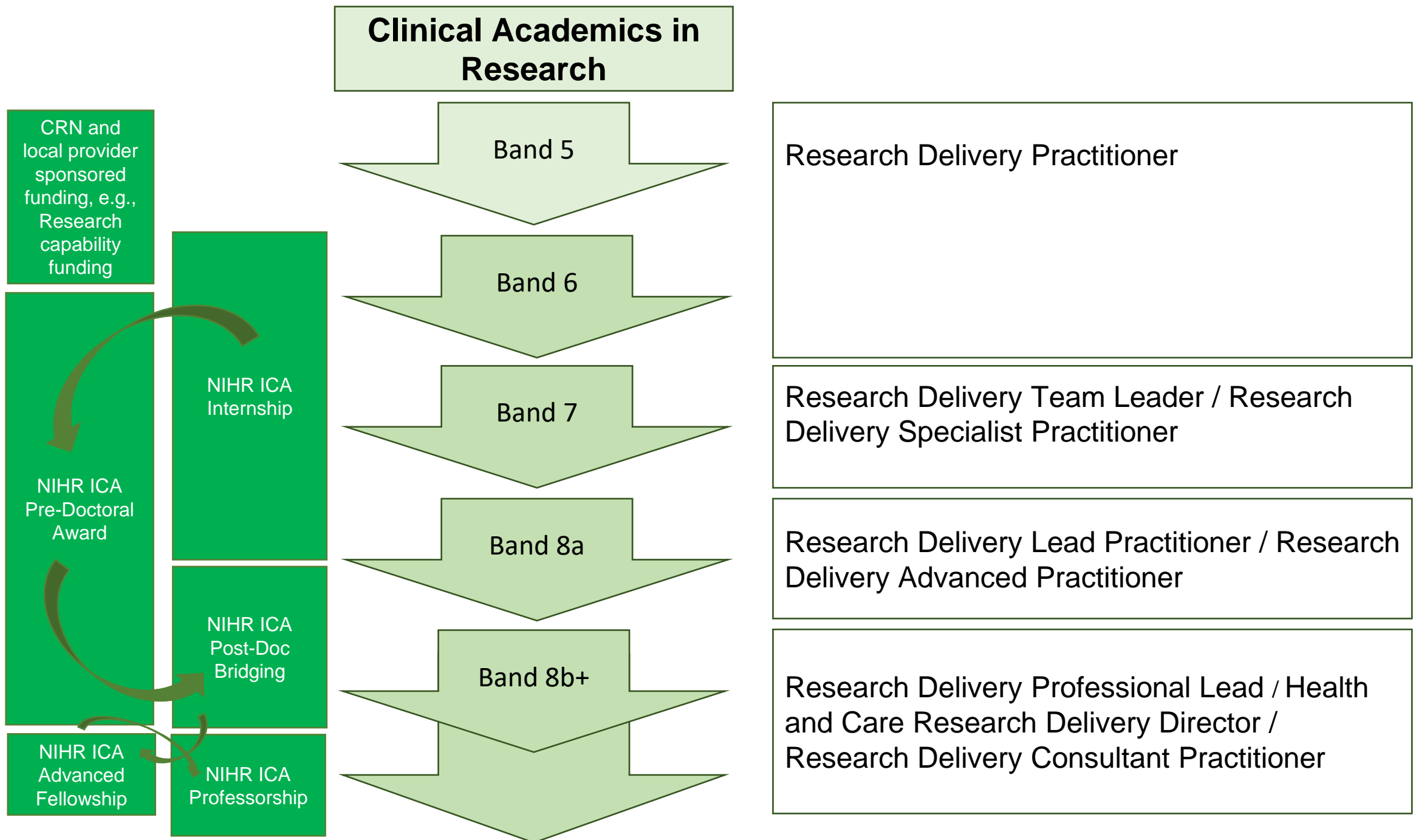


# Researcher Workforce Development: Crossing the Divide



## NIHR Academy Programmes and Activities

NIHR Research Career Pathways	Academic training for all	Clinical and practitioner academic training			Infrastructure and school opportunities	Programme funding
	NIHR Fellowships, NIHR Research Professorships and other	HEE/NIHR Integrated Clinical and Practitioner Academic	NIHR Local Authority Academic Fellowship Programme	NIHR Integrated Academic Training Programme	Further academic career development opportunities	Research project funding
Pre-Doctoral	Pre-Doctoral Fellowship	Pre-Doctoral Clinical and Practitioner Academic Fellowship	NIHR Pre-Doctoral Local Authority Fellowship	In-Practice Fellowship Academic Clinical	Visiting Speaker Award	
Doctoral	Doctoral Fellowship	Doctoral Clinical and Practitioner Academic Fellowship	NIHR Doctoral Local Authority Fellowship		Short Placement Award for Research	Research for Patient Benefit
Post-Doctoral	Development and Skills Enhancement Awards Advanced Fellowship	Advanced Clinical and Practitioner Academic Fellowship		Clinical Lectureship	Local Authority Short Placement Award for Research Collaboration	Research for Social Care
Chair	Research Professorship					



## INITIAL EXPERIENCE

### Internships

- Healthcare professionals
- Social care
- Methodologists
- New medical schools

### INSIGHT programme

- Regional based programmes

## PRE-DOCTORAL

### Pre-doctoral Fellowship

#### *Committees:*

- Healthcare professionals
- Methodologists
- Local authorities inc. social care
- Primary care

### Academic Clinical Fellowships

- Doctors and dentists

## DOCTORAL

### Doctoral Fellowship

#### *Committees:*

- Healthcare professionals
- Local authorities inc. social care
- All professional groups

### PhDs with infrastructure and schools

## POST-DOCTORAL

### Advanced Fellowship

#### *Committees:*

- Healthcare professionals
- Local authorities inc. social care
- All professional groups

### Clinical Lectureships

- Doctors and dentists

## CHAIR

### Research Professorships

#### *Committees:*

- All professional groups
- Global Health

### Senior Investigators

#### *Committees:*

- NMAHPs
- Social Care
- Medical

### Bridging and short term support

- Development and Skills Enhancement award
- PATHWAY Pre-application support fund
- Short Placement Award for Research Collaboration

### Research programmes and team awards

- Team Science award
- NIHR Research programmes



Email: [Sam.Harding@nihr.ac.uk](mailto:Sam.Harding@nihr.ac.uk) / [Samantha.Harding@nbt.nhs.uk](mailto:Samantha.Harding@nbt.nhs.uk)



@SamHarding





South West consortium

Ralph Hammond,  
Somerset NHS  
Foundation Trust





## What is CAHPR

- Supported by 14 AHP organisations.
- Strategy committee, Professoriate, and UK-wide **regional hub network**

## Mission\*

(\*being updated 2024)

1. develop AHP research
2. strengthen evidence of the professions' value and impact
3. enable the professions to speak with one voice

CAHPR

Search Council

LOG IN

About CAHPR

News

Activities

Regions

Resources

Events

# CAHPR origins

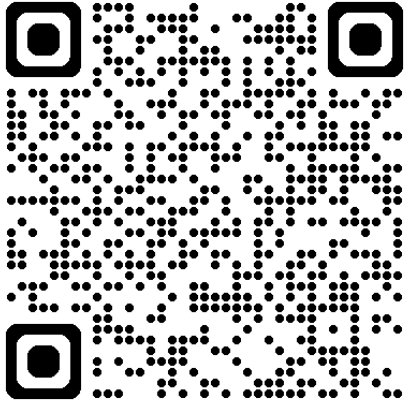
The Council for Allied Health Professions Research launched in November 2014.

CAHPR was formed from the Research Forum for Allied Health (RFAHP) and the Allied Health Professions Research Network (AHPRN).

The RFAHP was established in November 2000, supported by the [AHP federation](#), as a UK-wide organisation with representatives from England, Scotland, Wales and Northern Ireland.

The AHPRN was formed in 2011, in response to other AHPs interest in joining the existing National Physiotherapy Research Network (NPRN). Its vision was to create a network of nationwide hubs with expertise in facilitating research.

## Activity reports, operation plans and annual reports





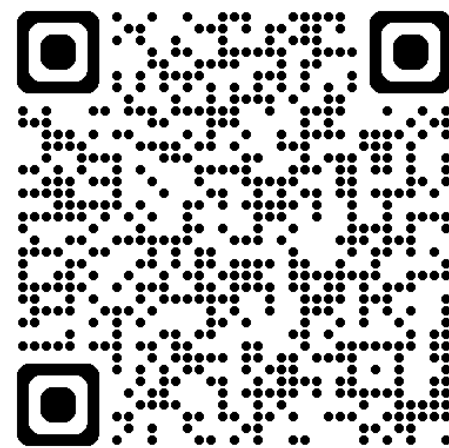
# South West England

Hello and welcome to the South West consortium of CAHPR.

Our mission is to provide a range of networks, contacts, links and signposts to support the AHP workforce in undertaking research-related activities.

We aim to develop AHP research, clinical academics, and researchers in the region.

We want to support the strengthening of evidence of the professions' value and impact for enhancing service user and community care. We want to enable the professions to speak with one voice on research issues, thereby raising our profile





# JOIN CAHPR SOUTH WEST LEADERSHIP GROUP

- Plan and deliver activities to support the aim and vision of CAHPR
- Provide research support to AHPs
- Support colleagues to use CAHPR
- Develop leadership skills
- 2 hours/month commitment



**Please express your interest by emailing  
[CAHPRsouthwest@uwe.ac.uk](mailto:CAHPRsouthwest@uwe.ac.uk) by 5pm on Friday 28th June 2024**

We welcome applications from all the allied health professions. We are particularly keen to encourage people from under-recognised professions.



**Contact us**  
[CAHPRsouthwest@uwe.ac.uk](mailto:CAHPRsouthwest@uwe.ac.uk)



**For More Information:**  
[cahpr.csp.org.uk/content/south-west-england](http://cahpr.csp.org.uk/content/south-west-england)



CAHPR South West

# SMALL GRANTS SCHEME

Our small grants scheme is now open for applications!

AHPs in the South West can apply for up to £200 to attend a conference or research related study day.

## Deadline

11.59pm on Monday 22nd July 2024

## More Information

[www.cahpr.csp.org.uk/content/south-west-england](http://www.cahpr.csp.org.uk/content/south-west-england)

2024



# South West Arts Psychotherapists Community Of Practice:

Fiona Williams Art Psychotherapist  
Gloucester Health and Care NHS Foundation Trust  
Fiona.williams1@ghc.nhs.uk

23.05.24

# Arts Psychotherapists are HCPC regulated Professionals trained to Masters level.

- ▶ This umbrella term includes the 4 Arts psychotherapies of:
  - ▶ Art Therapy/Psychotherapy
  - ▶ Music Therapy
  - ▶ Dramatherapy
  - ▶ And our colleagues in Dance Movement Psychotherapy
- ▶ Since the Summer 2023: art, drama and music therapists have now been formally recognised nationally and regionally as being part of the Psychological Professions, as well as being AHPs. Therefore we are both AHP's as well as Psychological Professionals.
- ▶ There are about 80 Arts Psychotherapists working in the NHS in the South West Region.

# The new SW Community of Practice:

We have been working towards becoming a COP for the past 3-4 years, to have a stronger voice in the Regions.

We have had two development meetings funded and supported by Carrie Biddle and linked with Suzanne Azer, Clinical Psychologist from the SW PPN.

Then organised two on-line meetings in October 23 and March 24. Our next is planned for June 24.

We sent out a survey and now have 2 workstream areas to focus on over the next year.

## National projects that we link with and share aims:

The British Association of Art therapists have been awarded a contract by NHS England to deliver a series of projects to support the development of art, drama and music therapy. The project is part of the wider Allied Health Professionals Professional Bodies Education Reform Commission.

The British Association of Art Therapists -BAAT, will be hosting the work and they will be working closely together with the British Association for Music Therapy (BAMT) and the British Association of Dramatherapists (BADth) to deliver the project outcomes. The project will include significant engagement with the public, service users, art, drama and music therapists, education providers and employers.

We look forward to working in collaboration to:

- learn more about how people understand our professions and what we do;
- to develop a deeper understanding of what enables and supports service users;
- how to prepare trainees for the realities of the modern workplace;
- and to develop a career framework that can support registrants to understand the opportunities that are available and to realise their dreams.

# Workstreams identified

Alison Barrington Art Psychotherapist has just spent the past year being funded to write a Report on the Arts Therapies and our workforce in the NHS.

The 5 issues she has identified are:

1. Increasing equity and inclusion in our Professions.
2. Having a clearer sense of our Professional workforce.
3. Levelling up the Arts Therapy Trainee experience and standards.
4. Apprenticeships and Support worker roles.
5. Re-imagining the Arts Therapies Workforce.

She also noticed we are an older workforce with an average age of 46 and 17% over 55 years old. So keen to get more younger people into the NHS workforce.

The Banding profile is mostly: Band 6 - 21%, Band 7- 57%, Bands 8 - 17%

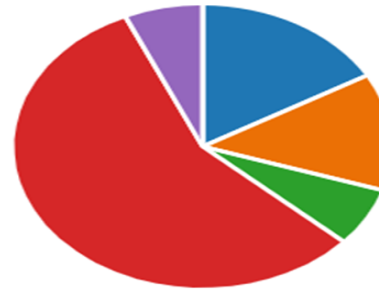
Part of her recommendations back to NHS England are that our Professions need more substantive posts and that vacant NHS posts must be open to all AHP professions.

# Survey results: 31 responses

## 2. Which Professional Group do you belong to?

[More Details](#)

Music therapist	5
Dramatherapist	4
Dance Movement Psychotherap...	2
Art Psychotherapist	17
Other	2



## 6. Are you line managed by a Psychological Practitioner or a AHP?

[More Details](#)

Psychological Practitioner	13
Allied Health Practitioner	4
Other	11



# Survey results

Do you regularly take Trainees and where from?

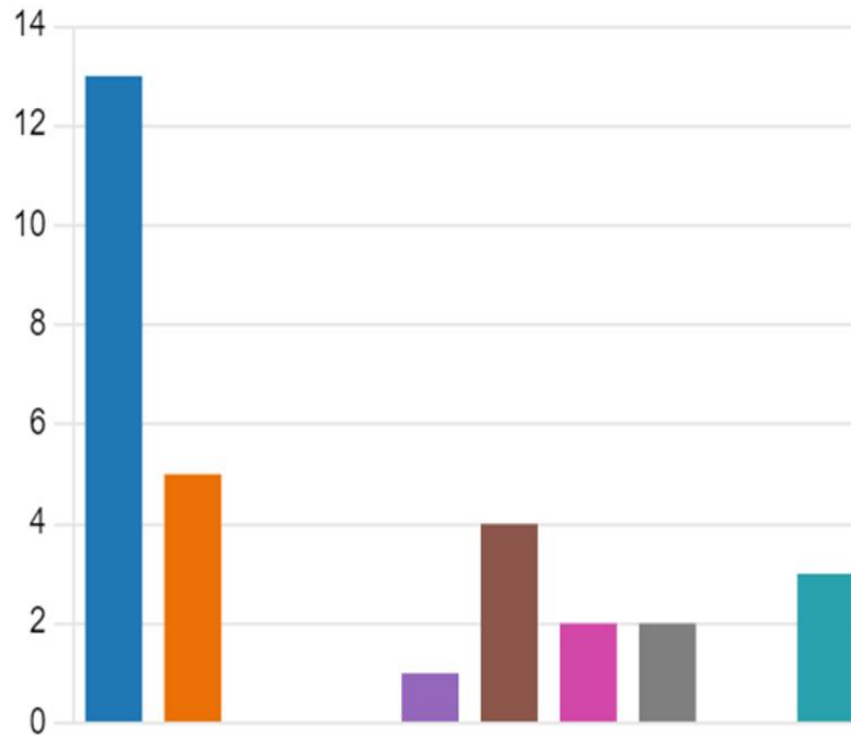


9 respondents (41%) answered **Roehampton** for this question.



# Survey Results

Which workstream areas would you like the SW Regional Group to focus on?



The results indicate:

a real appetite and energy for raising our profile in the SW by engaging with research and evaluation and using our SW resource to benefit each other by having a critical mass of Arts Psychotherapists to work together.

We are keen to link with CAPHR and the NHS England SW regional project to develop a research skilled workforce.

Thank you for listening,  
we now have time for  
questions

Thank you in advance for your feedback

